

SUNDAY, **MARCH 24**, 2013

Lifestyles

FOR SENIORS



8-PAGE SUPPLEMENT
OF THE **OTTAWA SUN**

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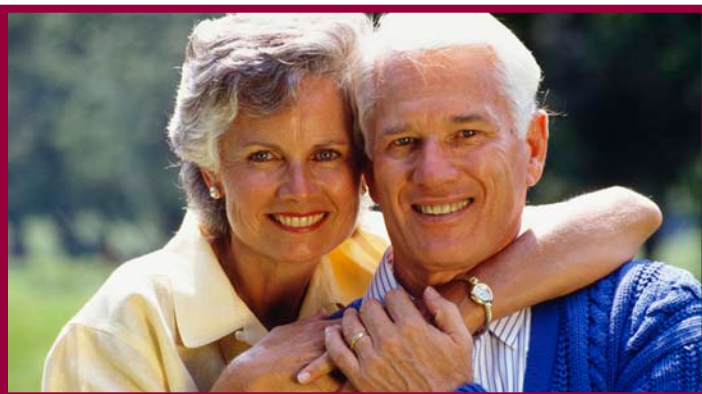
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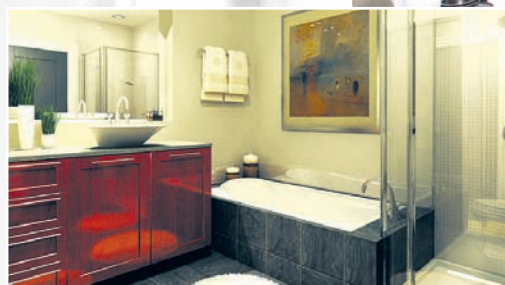
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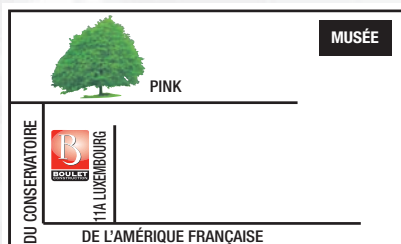
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Your Health: Things to watch for after 60

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